



camdenwellness.org



Camden Wellness

Monday:

Book Your Private Yoga Event/Session

Tuesday:

9:00 AM Bliss Yoga Flow – *Jillian*

6:30 PM All Levels Yoga – *Martha*

Thursday:

9:00 AM Flow Yoga – *Jillian*

6:30 PM Peak Yoga – *Laura*

Friday:

Book Your Private Yoga Event/Session

Saturday:

9:30 AM Yoga for the Soul – *Laura*

Sunday:

4:00 PM Devotional Yoga – *Laura*

Email jillian@camdenwellness.org for details

1029 Broad St
Camden, SC 29020