



camdenwellness.org



Camden Wellness



What: (All)
All Levels
Yoga

Cost:
Drop-in: \$15
10 Pack: \$120



When:
Tuesday 6:30 – 7:30 PM

Class Description/Information:

All levels yoga is a class for everyone from the beginner to the experienced yogi. This class is designed to provide options and support for most poses and to make any student's experience rewarding. It is a time to reconnect with the body and turn down the volume on your mind. Come enjoy moving the body and relaxing the spirit in a supportive, joyful setting.



Where:
1029 Broad Street
Camden, SC 29020



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